

Wisconsin Nurses Association Advanced Practice Nurse Forum
23rd Annual Pharmacology & Clinical Update
 April 30-May 2, 2009
 Chula Vista Resort, Wisconsin Dells, WI

THURSDAY, April 30, 2009				
12:00 – 1:00 PM	Registration			
1:00 – 3:00 PM BREAKOUT SESSION 1	1A	<i>‘Between a Rock and a Hard Place’ – The Treatment of Perinatal Depression</i>	<p><i>Tim Boehmer, BS, RPh</i> Pediatric/Neonatal Pharmacist, Affinity Health System;</p> <p><i>Alpa Shah, MD</i> Vice-Chair and Director, Perinatal Mood Disorders Clinic, Dept. of Psychiatry and Behavioral Health, Marshfield Clinic; and</p> <p><i>Donald Weber, MD</i> Obstetrician-Gynecologist, Luther Midelfort, Mayo Health System</p>	Treatment of perinatal depression presents special challenges due to concerns for reproductive toxicity conflicting with risk of maternal-fatal morbidity. Emerging data suggests significant long-term complications for the offspring exposed to untreated maternal illness. A careful risk-benefit analysis of treatment and non-treatment must be considered. The presentation aims at providing a review of data, and guidelines as well as a practical tool to assist clinicians managing patients suffering from perinatal depression.
	1B	<i>Gynecologic Care of Elderly Women</i>	<p><i>Kelly Kruse Nelles, MS, WHNP</i> Clinical Associate Professor, University of Wisconsin – Madison School of Nursing</p>	This presentation will discuss gynecologic problems that are commonly experienced by aging women and often overlooked by health care providers. Strategies for identifying and managing these health concerns will be discussed. Current recommendations for pelvic exam in this population will be reviewed.
	1C	<i>Managing Work-Related Injuries</i>	<p><i>James Martin, MD, MPH</i> Medical Director – Business Health, Fort HealthCare</p>	The presentation reviews the unique key to the effective management of work-related injuries. Included is an abridged version of the State of Wisconsin’s Worker’s Compensation Treatment Guidelines covering common work injuries.
	1D	<i>Basic Interpretation of the 12 lead ECG</i>	<p><i>Betty Ross Aguilar, RN, MSN</i> Clinical Educator, Wheaton Franciscan Healthcare and</p> <p><i>Maureen T. Greene, RN, MS, CNS-BC, ACNP-BC, PhD(c)</i> Advanced Practice Nurse Critical Care; Nursing Research Coordinator, Wheaton Franciscan Healthcare – St. Joseph’s Hospital</p>	Reach beyond your basic ECG monitoring skills. This interactive practicum of Basic Interpretation of the 12 lead ECG addresses lead placement, vector and axis deviation, hypertrophy, bundle branch blocks, left and right MI identification, and pericarditis. Workshops provide plenty of guided hands-on practice. Suggested audience-practitioners interested in a new ECG skill or refreshing old skills.

	1E	<i>Wound Closure and Suturing Techniques – An Introduction</i>	<i>Richard Fraser, APNP</i> Nurse Practitioner, Advanced Care Providers	This 2 hour session will focus on fundamentals. The student will have an opportunity to learn/review end tying and basic closure techniques including simple interrupted, vertical and horizontal mattress and running closures.
	1F	<i>Informatics Innovations for Advanced Practice</i>	<i>Patti Brennan, RN, PhD, FAAN, FACMI</i> Chair, Industrial & Systems Engineering, College of Engineering & Moehlman Bascom Professor, School of Nursing, University of Wisconsin – Madison	Nursing informatics addresses nurses’ information processing challenges by creating robust naming conventions for nursing practice and by insuring the development of computer tools for planning, recording and providing safe care. As the roles of advanced practice nurses are quite varied, and span all environments of care, their nursing informatics needs are also quite broad and complex. This session will provide an overview of emerging developments in nursing and health informatics, including advances in electronic patient records, computerized provider order entry systems, personal health records, and the national health information network. Special attention will be paid to integrating informatics advances into nurses’ work flow and the ethical, legal and social issues related to employing information technology to insure safe engagement of patients in their own care.
3:00 – 3:30 PM	Refreshment Break			
3:30 – 5:30 PM BREAKOUT SESSION 2	2A	<i>The Mental Health Assessment: Hindrances, Highlights and Helpful Hints</i>	<i>Kristin Herman, RN, MSN, APNP</i> Senior Clinical Nurse Specialist, University Health Services, Counseling and Consultation Services, UW -Madison, and Clinical Instructor, UW -Madison School of Nursing and <i>Julie K. Nielsen, MD</i> Clinical Assistant Professor of Psychiatry, UW Counseling and Consultation Services	This presentation will include a discussion of psychiatric diagnosis with a focus on depression, anxiety, bipolar affective disorder and schizophrenia. Helpful tools to assist providers in the assessment of people with mental health complaints and treatment options from childhood throughout adulthood will be provided.
	2B	<i>Pessary Primer: Principles of fitting, care, and update on new devices</i>	<i>Ann Baggot, RNC, MS, WHNP</i> Nurse Practitioner, UW Health – Dept. of OB/GYN	This session will review the use of pessaries to manage common gynecological conditions. Indications, fitting principles, and issues with ongoing care will be examined. A newer pessary option will be highlighted.
	2C	<i>Perspectives in Abdominal Imaging</i>	<i>J. Louis Hinshaw, MD</i> Assistant Professor of Radiology, University of Wisconsin School of Medicine and Public Health	In this session, participants will be provided with an overview of the techniques, indications, basic interpretation, and some of the more common pathologies encountered in abdominal imaging today.

	2D	<i>(continued with 1D)</i>	<i>Betty Ross Aguilar, RN, MSN</i> Clinical Educator, Wheaton Franciscan Healthcare and <i>Maureen T. Greene, RN, MS, CNS-BC, ACNP-BC, PhD(c)</i> Advanced Practice Nurse Critical Care; Nursing Research Coordinator, Wheaton Franciscan Healthcare – St. Joseph’s Hospital	Continued with 1D.
	2E	<i>Basic Dermatology Office Skills</i>	<i>Robert A. McDonald, MD</i> Dermatologist, Dean West Clinic, Dean Health System	In this workshop, a combination of discussion, demonstration and hands on practice will be employed to further your dermatologic surgery skills. At the completion of the skills section, I will open the forum to answer any dermatology related questions.
	2F	<i>Spirometry: Performance, Interpretation & Use in Lung Disease Management</i>	<i>Theresa Guilbert, MD</i> Assistant Professor of Pediatrics, University of Wisconsin – Madison; Pediatric Pulmonary Section and <i>Denise E. Fergusson, BS, RCP</i> Respiratory Therapist, Meriter Hospital	This presentation will discuss how spirometry is performed in both children and adults and for what purpose the test is used. A case-based series will also be presented to facilitate discussion of interpretation of spirometry results and how they impact lung disease management.

6:00 – 8:30 PM	<p><i>“The Doctor of Nursing Practice: A Panel Discussion on the Future of Advanced Practice Nursing Education”</i></p> <p>A number of societal, scientific, and professional developments have stimulated a major paradigm change in graduate nursing education. Momentum has been building among the nursing community for the practice doctorate to be the graduate degree preparation of advanced practice nurses of the future. This panel will present information on the history of the DNP, the essentials of two DNP programs in Wisconsin, and the future of regulation of advanced nursing practice. A DNP graduate will discuss her personal journey and what the degree has brought to her practice. There will be time for questions/discussion after the presentations. Plan to attend this exciting evening!</p> <p><u>Presenters:</u> Nancy Chornick, PhD, RN, CAE – Director of Practice, National Council of State Boards of Nursing Teri Kaul, PhD, APRN-BC, ANP/FNP – Director of Graduate Nursing Program, Concordia University Wisconsin Linda Lindeke, PhD, RN, CNP – Associate Professor and Director of Graduate Studies, University of Minnesota School of Nursing Kim Litwack, PhD, DNP, APNP – Associate Professor of Nursing, University of Wisconsin – Milwaukee College of Nursing; Family Nurse Practitioner, Advanced Pain Management Janet Resop Reilly, DNP, APNP-BC, RN – Assistant Professor, University of Wisconsin-Green Bay Chris Shaw, PhD, APNP, FNP-BC, ANP-BC – Clinical Associate Professor, Marquette University College of Nursing</p> <p><i>There is a separate registration fee of \$35.00 for this event – see conference registration form.</i></p>
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FRIDAY, May 1, 2009

7:30 – 8:30 AM	Registration/Continental Breakfast/Exhibits			
8:45 – 9:00 AM	ANNOUNCEMENTS			
9:00 – 10:00 AM	<p><u>KEYNOTE</u> <i>“The Formidable Challenge of MRSA – Biology, Management and Control”</i> Dennis G. Maki, MD Ovid O. Meyer Professor of Medicine, Section of Infectious Diseases, Department of Medicine, UW School of Medicine and Public Health; Attending Physician, Center for Trauma and Life Support, UW Hospital and Clinics</p> <p>In his keynote presentation, Dr. Maki will discuss: the importance of anti-infective therapy in critical illness; the pathogen, <i>Staph aureus</i>, and the nature of <i>Staph aureus</i> infection; and the growing problem of antimicrobial resistance, especially of MRSA; and address the following questions: 1) Is MRSA relevant clinically?; 2) Why are we seeing so much resistance?; 3) Can MRSA be controlled?; and 4) How does MRSA impact therapeutics?</p>			
10:00 – 10:45 AM	Exhibits/Refreshment Break			
10:45 AM – 12:00 PM	BREAKOUT SESSION 3			
Pediatrics	3A	<i>PTSD and Other Anxiety Disorders in Late Adolescence into Adulthood: How they present and current treatment considerations</i>	<i>Julie K. Nielsen, MD</i> Clinical Assistant Professor of Psychiatry, UW Counseling and Consultation Services	This presentation will cover various ways that PTSD may present in a primary care setting and how a clinician can screen for them if they suspect PTSD. We will discuss current evidence based psychotherapeutic and medication treatments but will also discuss medication treatments that are standard practice even if not evidence based or FDA approved. Time permitted, other anxiety disorders will also be discussed, including Acute Stress Disorder, Generalized Anxiety Disorder, and Obsessive Compulsive Disorder.
Women’s Health	3B	<i>Breast Infections in Lactating Women</i>	<i>Anne Eglash, MD</i> Clinical Associate Professor, Department of Family Medicine, University of Wisconsin School of Medicine and Public Health	Lactating women with breast infections may present with symptoms that are easy to discern as acute mastitis. However, many lactating women present with chronic breast pain without symptoms of acute infection, that is often diagnosed as candidiasis. We will review what we know and do not know about acute and chronic infections in breastfeeding women and discuss strategies that can be used to evaluate, diagnose, and treat nursing women.
Adult/Acute Care	3C	<i>Pharmacological Considerations in Chronic Kidney Disease</i>	<i>Mary T. Sinnen, APRN, BC, ANP</i> Director, Nephrology Services, Wheaton Franciscan Healthcare	A decrease in glomerular filtration rate (GFR) below 60 can be correlated with a given set of physiologic changes that take place in the human body. These changes may lead to anemia, bone disease, and cardiovascular disease. Medications for those with chronic kidney disease may help or further harm nephron mass. Comorbid conditions including hypertension and diabetes often make this patient picture complex. The goal of this presentation is to help practitioners understand prevention considerations for preservation of kidney function, the stage of CKD and the pharmacological implications in the management of this disease process.
Adult/Primary Care	3D	<i>Prostate Diseases in the Aging Male</i>	<i>William A. See, MD</i> Professor and Chairman of Urology, Medical College of Wisconsin	This session will review the impact of prostate diseases, on both quality and quantity of life, in men as they age.

Psychiatry	3E	<i>Sleep Pharmacology: You Want to Give My Kid Sleeping Pills? Give Them to Me Instead</i>	<i>Rafael Pelayo, MD</i> Associate Professor, Stanford University School of Medicine, Stanford Sleep Disorders	In this presentation, we will discuss the most common medications available to treat sleep disorders; discuss the mechanism of action of medications with regard to the pathophysiology of the specific sleep disorder; and contrast the pharmacological options of adults to that of children with sleep disorders.
12:00 – 12:30 PM	Lunch and APN Forum Business Meeting			
12:30 – 1:15 PM	Exhibits			
1:15 – 2:30 PM	BREAKOUT SESSION 4			
Pediatrics	4A	<i>PTSD and Other Anxiety Disorders in Children and Young Adolescence: How they present and current treatment considerations</i>	<i>Michael T. Witkovsky, MD, MA</i> Clinical and Policy Consultant – Department of Health and Family Services; Child and Adolescent Psychiatrist – Group Health Cooperative, Madison Psychiatric Associates, and Uplands Counseling Associates	No session description available at this time.
Women’s Health	4B	<i>Improving Efficiency and Management of Interstitial Cystitis/Painful Bladder Syndrome</i>	<i>Margot Harris, RN, WHNP, MSN, IBCLC</i> Women’s Health Nurse Practitioner, International Board Certified Lactation Consultant, Mercy Health System	Nurse practitioners are ideally suited to help women living with Interstitial Cystitis or Painful Bladder Syndrome. Learn to recognize early symptoms of IC/PBS, expedite evaluation and empower women by managing this challenging condition with a multi-faceted approach. Today’s presentation will provide an introduction to IC/PBS for the practitioner who is beginning to evaluate and treat this condition as well as recommendations to help the experienced practitioner improve the efficiency of IC management in clinical practice.
Adult/Acute Care	4C	<i>Healthy Scents – Aromatherapy: A Practical Approach for CA MRSA</i>	<i>Debi Rodriguez, APNP-BC, CCAP-I</i> Director, St. Clare Urgent Care and Clinical Aromatherapist, St. Clare Hospital and Health Services and <i>Lynn Crawford, RN, BSN, CCAP-I</i> Staff RN and Clinical Aromatherapist, St. Clare Hospital and Health Services	Information on MRSA (CA & HA) along with current treatment modalities will be presented in this session. The use of essential oils as an adjunct to treatment of MRSA will also be addressed, supported by current research. Participants will have a hands-on experience with the essential oils used in the case studies and in vitro studies.

Adult/Primary Care	4D	<i>Strategies for Promoting Effective Contraception in Primary Care</i>	<i>Kathryn Shisler Harrod, PhD, RN, CNM, APNP, FACNM</i> Aurora Health Care Midwifery Service Director; Assistant Clinical Professor, Marquette University and <i>Kelly Kruse Nelles, MS, WHNP</i> Clinical Associate Professor, University of Wisconsin – Madison School of Nursing	Advanced practice nurses in primary care are in key positions to promote effective contraception options for women. Contraceptive needs for women change throughout the reproductive lifespan. Join us for a discussion focused on effective contraceptive options recommended for women from adolescence to menopause.
Psychiatry	4E	<i>Parasomnias – Things That Go Bump in the Night</i>	<i>Rafael Pelayo, MD</i> Associate Professor, Stanford University School of Medicine, Stanford Sleep Disorders Clinic	In this session, you will understand the pathophysiology of parasomnias; identify risk factors of parasomnias; appreciate the consequences of parasomnias; and understand the different therapeutic options for parasomnias.
2:30 – 2:45 PM	Exhibits and Refreshment Break			
2:45 – 4:00 PM	BREAKOUT SESSION 5			
Pediatrics	5A	<i>Community-Acquired MRSA: The Scourge of the Decade</i>	<i>Gregory DeMuri, MD, FAAP</i> Associate Professor, University of Wisconsin – Madison School of Medicine and Public Health	The epidemiology and pathogenesis of MRSA will be described; attendees will understand the unique clinical presentation of MRSA; and recommendations for treatment and prevention will be provided.
Women’s Health	5B	<i>Vulvodynia – Updates and Perils</i>	<i>Teresa K. Reller, PA</i>	This presentation will include: 1) diagnostic perils and treatment options of chronic vulvovaginal conditions, including persistent Bacterial Vaginosis and Candidiasis, and 2) how to recognize and treat lichen simplex chronicus, lichen planus, DIV, localized provoked vulvodynia as well as generalized vulvodynia.
Adult/Acute Care	5C	<i>Alcoholism: Where Do We Go From Here?</i>	<i>Gail Kaempf, CRNP-BC</i> Nursing Services Manager, University of Pennsylvania Treatment Research Center	The fallout of alcoholism ripples far beyond the person with the disease. This session will include how to identify the problem, pathophysiology and strategies for recovery through psychosocial support and pharmacotherapy. Suggestions will be provided to enhance your treatment of patients with an alcohol disorder.
Adult/Primary Care	5D	<i>Spasticity: Populations, Pathophysiology, and Pharmacology Basics</i>	<i>Mary Elizabeth S. Nelson, MSN, ANP-BC</i> Nurse Practitioner, Medical College of Wisconsin	Spasticity or “tight muscles” affects people with spinal cord injury, multiple sclerosis, stroke, cerebral palsy, traumatic brain injury and other upper motor neuron disorders. This lecture serves as a primer for all practitioners on the epidemiology, pathophysiology and primary pharmacology related to spasticity.
Psychiatry	5E	<i>What You Don’t Know Could Kill You: Assessment and Treatment of Neuroleptic Malignant Syndrome</i>	<i>Debra Benishek, APNP</i>	Neuroleptic Malignant Syndrome (NMS) is critical for health care providers to recognize, diagnose, and treat to avoid morbidity and mortality. Participants will be able to identify symptoms of NMS to assess for and determine appropriate treatment.
4:00 – 4:15 PM	Exhibits and Refreshment Break			

4:15 – 5:30 PM	BREAKOUT SESSION 6			
Pediatrics	6A	<i>CSI Asthma: <u>C</u>ontrollers, <u>S</u>ymptoms, and <u>I</u>mplementing Asthma Action Plans</i>	<i>Kathleen Kelly Shanovich, RN, MSN, CPNP, AE-C</i> Pediatric Nurse Practitioner University of Wisconsin Department of Pediatrics: Pediatric Allergy	In this session, we will apply the new asthma guidelines to asthma action plans for the challenging asthma patient; review new treatment options; and discuss asthma case studies as well as current pediatric asthma research.
Women's Health	6B	<i>Heart Disease and Women: Evidence-Based Prevention and Treatment</i>	<i>Suzanne Marnocha, RN, MSN, PhD, CCRN</i> Undergraduate Program Director, University of Wisconsin – Oshkosh, College of Nursing	This presentation will provide an overview of the most recent evidence in prevention and care of women with heart disease. Recent evidence-based multidisciplinary literature will be presented and participant interaction will be encouraged.
Adult/Acute Care	6C	<i>Guidelines for Treating Depression in Patients at End of Life</i>	<i>Teri Vega Stromberg, MSN, RN, ACHPN, AOCN</i> Clinical Nurse Specialist: Palliative Care & Oncology, Wheaton Franciscan Healthcare: St. Joseph's Hospital	Patients with end stage chronic illness experience sadness and grief over multiple accumulative losses due to changes in physical function, psychosocial relationships, financial assets, etc. This session will highlight assessment tools used to screen for depression vs. grief at end of life. Treatment guidelines for clinical depression will be discussed with an overview of pharmacologic options.
Adult/Primary Care	6D	<i>Preparing your Patients for Travel</i>	<i>Elaine Rosenblatt, MSN, FNP-BC, CTM</i> Nurse Practitioner, UW Medical Foundation	In this session, information will be presented on when to recommend travel vaccines and ways to prevent and treat traveler's diarrhea and malaria. We will also cover prophylaxis and other related travel issues. This session is particularly for practitioners new to travel health.
Psychiatry	6E	<i>"It's Such a Pain" – 1. Malignant & Non-Malignant Pain; 2. Neuropathic Pain; 3. Addiction & Pseudoaddiction; and 4. Fibromyalgia</i>	<i>Herbert C. White, DO</i> Psychiatrist-Addictionologist, Ministry Medical Group	No session description available at this time.
5:30 PM	WAPNAP Business Meeting <i>There is a separate registration of \$5.00 for the Business Meeting – see conference registration form.</i>			
6:30 PM	"Advancing our Understanding of Glycemic Control: Refocusing on Glucose Regulation in Type 2 Diabetes" Presenter: TBD <i>This Adjunct Symposia is being sponsored by Merck. There is no fee to attend this program, but you must register – see conference registration form.</i> <i>Note: CE is not available for this program.</i>			

SATURDAY, May 2, 2009

6:30 – 7:30 AM	Wellness Run/Walk
7:15 – 8:20 AM	Schools of Nursing Networking Breakfast All conference participants are welcome to attend the Schools of Nursing Networking Breakfast on Saturday, May 2 nd , 2009, 7:15—8:20 AM. Network with colleagues over coffee, and meet and greet your fellow alumni! The following schools will be participating: Concordia University Wisconsin, Marquette University College of Nursing, UW-Eau Claire College of Nursing and Health Sciences, UW-Madison School of

	Nursing, UW-Milwaukee College of Nursing, UW-Oshkosh College of Nursing, and Viterbo University School of Nursing.			
8:30 – 9:45 AM	BREAKOUT SESSION 7			
Pediatrics	7A	<i>Management of Type 1 Diabetes in Children and Adolescents</i>	<i>Rebecca Fannin, RN, MSN, CPNP</i> Pediatric Nurse Practitioner, Children’s Hospital of Wisconsin/Medical College of Wisconsin	Appropriate for both novice and experienced APNs in both primary and specialty care, this presentation will provide a general overview of pharmacologic management of Type 1 diabetes in the pediatric population. Common insulin, including flexible insulin management based on carbohydrate counting, will be discussed. Content will include a brief overview of insulin administration methods including pen technology and insulin pump management. Challenges and the future of diabetes management will be addressed.
Women’s Health	7B	<i>The Latest in Oral Drug Treatments for Infertile Couples</i>	<i>Elizabeth A. Pritts, MD</i> Founder, Wisconsin Fertility Institute	Attendee will learn the most common causes of infertility and the latest oral drug treatments available to create pregnant patients!
Adult/Acute Care	7C	<i>Multiple Sclerosis in 2009: What You Need to Know</i>	<i>Natasha Frost, MD</i> Dean Clinic, Department of Neurology	This presentation will include a discussion of Multiple Sclerosis symptoms and diagnosis; the pathophysiology and epidemiology of Multiple Sclerosis, available therapies, and medical issues in multiple sclerosis.
Adult/Primary Care	7D	<i>HYPERTENSION 2009 – From Old Hat to ALLHAT and Beyond</i>	<i>Paul S. Kellerman, MD, FACP</i> Associate Professor Medicine and Director, UW Hypertension Clinic, University of Wisconsin School of Medicine and Public Health	Using evidence-based medicine, we will review the epidemiology and proposed etiologies of essential hypertension, describe target-organs at risk, non-pharmacologic therapies that are effective, and antihypertensive medications available based on patient demographics and coexistent medical conditions, such as kidney and heart disease. This session will conclude with effective practical methods for treating hypertension.
Psychiatry	7E	<i>Treatment of Bi-Polar Depression</i>	<i>Glenda McConnell, PMHNP, BC</i> Primary Mental Health Nurse Practitioner	This presentation on the treatment of Bi-Polar Depression will cover the symptoms of bi-polar depression and treatment. We will discuss how to differentiate bi-polar depression from major depression, techniques for diagnosis, and medications used to treat bi-polar depression along with potential side effects.
9:45 – 10:00 AM	Refreshment Break			
10:00 – 11:15 AM	BREAKOUT SESSION 8			
Pediatrics	8A	<i>Cardiovascular Assessment in the Infant/Child</i>	<i>Jayne Frank, RN, MS, CPNP-AC</i> Pediatric Cardiology Nurse Practitioner, American Family Children’s Hospital	We will review a cardiovascular exam in a child, including murmur evaluation and common functional murmurs in infancy and childhood. New SBE guidelines will also be presented.
Women’s Health	8B	<i>A Clinical Approach to Treating Hormone Deficiency Using Bio-Identical Hormone Replacement Therapy</i>	<i>Dr. Debra Muth, RNC, BS, MS, WHNP, ND</i> Naturopathic Doctor, WHNP, and Owner Spring City Health Centre	This course is designed to teach practitioners how to use hormonal therapy to prevent degenerative aging and diseases. This lecture will review the scientific data demonstrating the beneficial effects of hormones and the health detriment that occurs with falling hormone levels.
Adult/Acute Care	8C	<i>Prevention and Treatment of Deep Vein Thrombosis and Pulmonary Embolism</i>	<i>Cate Ranheim, MD</i> Hospitalist/Hematologist & Medical Director, Meriter Anticoagulation Service, Meriter Hospital	Venous thromboembolism (VTE) is a spectrum of disease ranging from deep vein thrombosis (DVT) to pulmonary embolism (PE). PE is one of the most common causes of sudden death in the United States, and the sequelae of both DVT and PE significantly decrease the quality of life of many patients. In this session, we will review current guidelines for VTE assessment, prophylaxis and treatment in the acute care setting, and offer strategies for avoiding some of the common pitfalls in VTE management.

Adult/Primary Care	8D	<i>Comprehensive Management of the Bariatric Patient</i>	<i>Tamara Brown, MA, FNP-C, APNP</i> Bariatric Program Coordinator & Nurse Practitioner, Bellin Health	This presentation will touch on the many challenges the obese patient can face on a daily basis and is geared for new and seasoned practitioners. From equipment to sensitivity, mobility to assessment and weight loss options, this presentation will increase audience knowledge, awareness and sensitivity to the obese population.
Psychiatry	8E	<i>Medication Management of Difficult, Distressing, and Disruptive Behaviors of Dementia</i>	<i>Therese Strome, MS, APNP</i> Geropsych Clinical Nurse Specialist	Both new and experienced practitioners are often overwhelmed and frustrated trying to alleviate impulsive behaviors of dementia, such as yelling, hitting, refusing cares, and sexually inappropriate behaviors. This session will discuss potentially helpful medication options to treat these behaviors.
11:15 – 11:30 AM	Refreshment Break			
11:30 AM–12:45 PM	BREAKOUT SESSION 9			
Pediatrics	9A	<i>Diagnosis and Management of ADHD</i>	<i>Inshirah Farhoud, MSN, RN, CPNP, APNP</i> Pediatric Nurse Practitioner, Medical College of Wisconsin	The session will help participants understand the diagnosis and treatment options for children with ADHD.
Women’s Health	9B	<i>Reclaiming Sexual Health After Cancer</i>	<i>Myrtle Wilhite, MD, MS</i> Medical Director, A Woman’s Touch Sexuality Resource Center	All too often, survivors of cancer arrive at the end of their active cancer treatment only to find they are at the beginning of an uncertain sexual path. Are they still a whole sexual person-will sex ever be the same-and what do they do about issues cropping up now? The professionals at <i>A Woman’s Touch</i> have been helping women and men through these transitions for over a decade, and have developed a “Sexuality after Cancer” construct that you can use to help understand many issues that survivors face, and how to adapt non-pharmacology solutions that help prevent and recuperate from common sexuality issues. Learn about “Treatment as Trauma,” body dissociation and the process of learning to “re-associate,” the grieving process, and unintended therapeutic effects on the sexual arousal process, as you consider how to help your clients recuperate and reclaim their sexual selves.
Adult/Acute Care	9C	<i>Interpretation of Vascular Studies and Peripheral Vascular Disease</i>	<i>Richard McNutt, MD, FACS</i> General and Vascular Consultants	At the end of this presentation the participant will be able to: <ol style="list-style-type: none"> 1. Discuss the rationale for ordering a particular study. 2. Review the data received from the study. 3. Identify some common pitfalls to the study. 4. Discuss the cost (Professional & Technical) of the study.
Adult/Primary Care	9D	<i>Lifting a Fork Towards Heart Health: Whole Foods as a Treatment Intervention</i>	<i>Mary C. Dutkiewicz, ANP-BC</i> Cardiology Nurse Practitioner Wheaton Franciscan Medical Group – Heart and Vascular	Mounting evidence shows that a whole food diet is an effective intervention for cardiovascular disease. This presentation will offer practical strategies and nutritional prescriptions for incorporating whole foods as an intervention for cardiovascular disease.
Psychiatry	9E	<i>A Holistic Approach to Depression and Anxiety</i>	<i>Bonnie Groessl, MSN, APNP, FNP-BC</i> Nurse Practitioner/Owner, The Bridge to Health Integrative Healing Center	Integrative medicine is a client-focused approach to health that combines the benefits and healing capabilities of traditional and complementary medicine. Learn how to incorporate elements of holistic care for depression and anxiety into the traditional pharmacological approach. Positively affect mood by using nutrition to minimize the release of cortisol and increase serotonin production. Using high quality multivitamins/minerals, magnesium, fish oil and other supplements is an important aspect of the care of this population. You will learn complementary therapies including mind-body and energy techniques you can teach your clients quickly in the office.
12:45 PM	Box lunches will be available for participants to take with or eat on site.			